The Cities for Workforce Health Initiative:

Thursday, September 18, 2014 | 11:00 a.m. - 12:00 p.m.

Description: Research shows that policies and the environment account for 40% of behavior change. Workplace policies and practices can support the behaviors your wellness program seeks to instill in your employees, or they can sabotage them. This webinar will describe the role workplace policy and practices play in supporting health and show examples of no- and low-cost policies that California cities have successfully implemented. It will delve into the topic of healthy meetings and provide simple tools that cities can quickly adopt. The City of Rancho Cucamonga, a 2013 – 2014 recipient of a Cities for Workforce Health Technical Assistance grant, will be highlighted.

Learning Objectives:
1. Understand the role of policy in a successful workplace wellness program as well as specific workplace policies and practices that support healthy behaviors among employees.
2. Learn how healthy meeting policies and practices support health. Receive an introduction to the Healthy Meetings Toolkit and identify at least one healthy meeting practice to implement after the webinar.
3. Learn how the City of Rancho Cucamonga has placed healthy policies at the center of its award winning wellness initiatives.

Presenters
Charlotte Dickson, MSW
National HEAL Cities Campaign Director
California Center for Public Health Advocacy

Katherine Bishop
Senior Policy Associate
Center for Science in the Public Interest

Mike Parmer
Management Aide
City of Rancho Cucamonga

Moderator: Mike Egan, League of California Cities

To RSVP for the September 18th webinar session, email egan@cacities.org.